

Time Dominance Tracker

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:00 AM							
9:00 AM							
10:00 AM							
11:00 AM							
12:00 PM							
1:00 PM							
2:00 PM							
3:00 PM							
4:00 PM							
5:00 PM							
6:00 PM							
7:00 PM							
8:00 PM							
9:00 PM							
10:00 PM							
11:00 PM							
12:00 AM							

Success planning incorporates using a weekly planner detailed by hour and priority. Set tangible goals for improvement and do not lose focus if you fall off track once in a while; what is important is overall improvement.

Aim to improve on a week-by-week basis.

Schedule tasks within the realms of the following priorities (those with highest priority are scheduled first and, when needed, receive more time):

1. **Class time**-Yes, it's important to be on time and to attend every session.
2. **Study and do homework 25-35 hrs/week**-Remember it's a guideline for now once you become a proficient student you'll do it without realizing it.
3. **Professors' office hours**-At least twice monthly; once you productively use office hours you'll want to go on your own without realizing.
4. **Academic assistance (tutoring) at least once per week**- same deal with office hours and if used productively it can save you a lot of outside study time.
5. **Work and/or volunteer opportunities** -we assume you'll start this in the Spring once you've made great improvement towards becoming a proficient student.
6. **Family/personal obligations**-give some love to the people helping you through your college experience.
7. **Party/me time!**-Yes, as long as you tactfully and responsibly tended to all of the above you deserve to have a little fun. Remember though, a proficient student still studies on the weekend.