



# The Study 25-35 Empowerment Campaign Phases

- ◆ **Priming Time** - Incorporate the tools of the game; learn to step out of your comfort zone.

**-Time frame:** February

- ◆ **Practice and Apply** - Learn, incorporate, and teach what you have learned.

**-Time frame:** March

- ◆ **Refine and Maintain** - Be patient as you refine the skills you've learned.

**-Time Frame:** April

- ◆ **Reinforce and Finish Strong** - Recharge and give it all that you have.

**-Time Frame:** May (final exams month)

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<http://nsm.fullerton.edu/student-resources/study-25-35-empowerment-campaign>

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Remember, YOU are the most important factor in your academic success.